

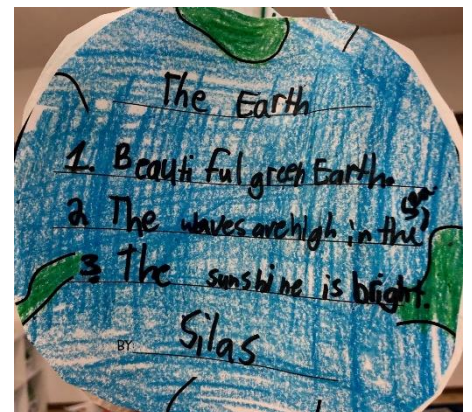
April Rock Lake School News



This spring themed bulletin board is in our school hallway and was created by a group of grade 5-9 students from our school.



Early Years News: The kindergartens have come to the end of learning about each letter of the alphabet and now are working on making/ reading 3 letter words. *The Hungry Little Caterpillar* is their favourite book right now and they are doing many fun activities to reinforce their learning. The early years students are learning to work with fractions in Math class. For Earth Day, the grade 3s wrote short poems called Haikus and the 1 and 2s used adjectives to describe nature words. The students also cleaned up garbage around the school yard to do their part to keep the Earth litter free!



Middle Years/High School News: The middle years students just finished writing personal narratives and "when I think of..." poems. In history class, the high school students are learning about the changes that occurred during the 1960s, 70s and 80s. The solar system will be the new topic for science classes for the remainder of the year.

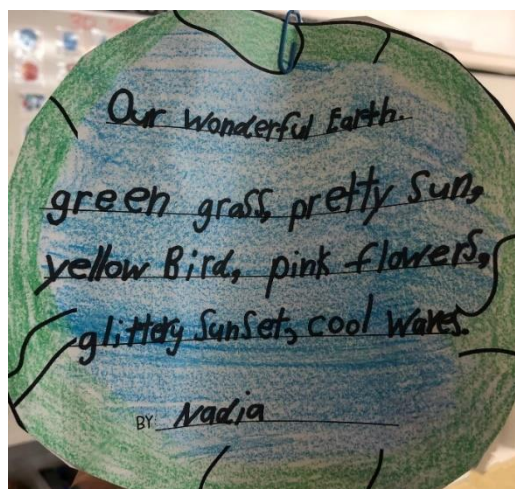
When I was four years old, my big brother took some kids for a ride in a wagon. He drove with a big, blue tricycle. We went around the side walks. The ride was fantastic until we went into the little school, at the gate, the gate hit my arm and...**SNAP!** My arm broke! My big brother pulled me back home, we went for a cast in Winnipeg. My cast was purple. On my dad's old Samsung phone is a video of me telling how I broke my arm! Ha, ha! 😊



From the Guidance Counsellor:

This month we continued with the theme of our feelings. Students spent more time identifying feelings and understanding our reactions to those feelings. Students practiced some breathing exercises as a way to calm strong emotions. They also made stress balls to use as another calming strategy.

"It is not about managing your emotions, it is about managing your reaction to your emotions."



Dates to remember:
No school: May 9, 20 & 21
Mother's Day tea: May 10